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MIDWIVES OF THE WORLD

Portrait of Lois, Australian midwife

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Nurse, lactation consultant and midwife, however, at the start, nothing predestined her to practice in the area of birth. Portrait of Lois Wattis or the midwife with an “atypical” journey.

It was quite late that Lois Wattis turned to midwifery, the year of her 40th birthday. Former secretary, she moved to Western Australia with her family in the late 80s. She started working as a veterinary assistant, then she planned to study nursing in university, in 1994. Her wish to become a midwife was quickly granted, since she obtained her diploma of “graduate studies in clinical nursing, midwife” in 1999.

Since then, " she has accompanied more than 50 couples for a home birth "

Persevering, she then forges an experience in the hospital environment, but an opportunity is offered to her. The Department of Health in Western Australia hires her to monitor pregnant women and to participate in home births as part of the Community Midwifery Program. This government-funded service is a unique service for women with low-risk pregnancies. The program offers continuity of care by the same midwife throughout pregnancy, labor, birth, as well as to provide postnatal care for 6 weeks.

After these past 5 years, rich in experiences, where she has accompanied more than 50 couples for a birth at home, she leaves Western Australia for Queensland.

A specialization in breastfeeding

She then practices in a private hospital. Then, holding a lactation consultant certification, she officiates as a consultant midwife at the hospital and makes "Babymoon Home consultations" visits to the parents' home. She supports families during the first weeks after birth to promote a smooth transition to parenthood. Its goal is to emphasize autonomy and allow mothers to breastfeed for as long as they want by providing personalized care. Strength of a vast expertise in the field, it supports, all the more, the breastfeeding of premature babies, twins and babies having difficulties.

Guide parents so they don't feel overwhelmed

Supporting parents is his leitmotif! She has developed a " *New Baby 101* " application and ebook *. She offers advice on reliable evidence and research. With a reassuring tone, she accompanies parents to take care of their baby in the first months of life in order to give them confidence in their new responsibilities. She is also the author of a book " *A Midwife's Guide for New Parents* " and numerous publications for the parental press which have won her several television appearances.

Sites to find Lois Wattis:

birthjourney.com

www.newbaby101.com.au

* The application and ebook are available via Google Playstore and Apple at newbaby101.com.au .